CAPE FEAR VALLEY

HealthPlex

For Your Health, For Your Life.℠

REFERRAL FORM

PATIENT INFORMATION

FULL NAME _____ DATE OF BIRTH (M/D/Y) _____

ADDRESS _____

CITY/STATE/ZIP _____

HOME PHONE _____ ALTERNATE PHONE _____

FITNESS & WELLNESS PROGRAMS:

- ☐ GENERAL CONDITIONING
- ☐ MASSAGE THERAPY
- ☐ WARM WATER AQUATICS
- ☐ STRESS MANAGEMENT
- ☐ NUTRITIONAL SERVICES
- ☐ WARM WATER AQUATICS (ARTHRITIS)
- ☐ RISK REDUCTION (LOSE WEIGHT, LOWER CHOLESTEROL, LOWER BLOOD PRESSURE, ETC.)

DIAGNOSIS _____

EXERCISE LIMITATIONS: _____

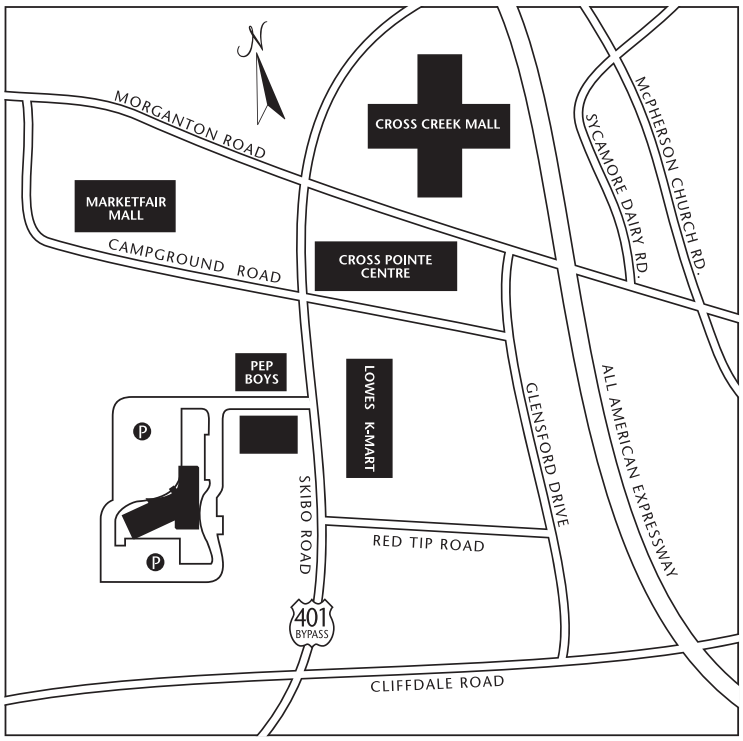
PLEASE IDENTIFY RISK _____

COMMENTS: _____

PHYSICIAN SIGNATURE _____

DATE _____

PLEASE NOTE THAT A PHYSICIAN REFERRAL DOES NOT INDICATE MEMBERSHIP WILL BE PAID FOR BY INSURANCE.



HOW TO FIND US:

1930 SKIBO ROAD • FAYETTEVILLE, NC 28314
PHONE: (910) 615-7539 • FAX: (910) 615-3054

From Raeford Road
Take Skibo Road (Bus. 401) north 1.6 miles. HealthPlex is on the left.

From Cliffdale Road
Take Skibo Road (Bus. 401) north 0.5 miles. HealthPlex is on the left.

From Morganton Road
Take Skibo Road (Bus. 401) south 0.3 miles. HealthPlex is on the right.

From All-American Freeway (From Owen Drive)
Turn left on Cliffdale Road. Take Cliffdale Road 0.8 miles to Skibo Road (Bus. 401). Take Skibo Road north 0.5 miles. HealthPlex is on the left.

From All-American Freeway (From Fort Bragg)
Take Skibo Road (Bus. 401) south 0.9 miles. HealthPlex is on the right.

www.healthplexonline.com

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