

Making a DIFFERENCE

August 2026

As we send our well wishes to all the students in our community heading back to school, we're excited to share an update about our first class of medical students at the Methodist University Cape Fear Valley Health School of Medicine! The Class of 2030 kicked off their journey with a busy week during orientation held July 20-24. Throughout the week, students participated in sessions introducing the curriculum, academic expectations, student support services, professionalism, and the many resources available to help them succeed. Students also learned about our great community and what makes Fayetteville such a special place to live, learn and grow.

We are glad these students are here and look forward to watching all they will accomplish over the next four years and beyond. If you'd like to learn more about the medical school and how you can support scholarship opportunities for students, contact Brittany Dickerhoff at bdick@capefearvalley.com or (910) 615-1358.

Continue reading to learn how you can make a difference and be involved in many of our upcoming events!



In Good Health,

A handwritten signature in black ink that reads "Sabrina Brooks".

Sabrina Brooks
Vice President
Cape Fear Valley Health Foundation

P.S. Join us at the [Umoja Festival](#) on August 29 from 10 a.m. to 1 p.m. at Seabrook Park for free health screenings and physician consults. Learn more [here](#).



Offering Compassion Through Life's Final Moments

Through the volunteer-led No One Dies Alone (NODA) Program, companionship is provided to patients during their end-of-life journey. This meaningful program ensures that inpatients passing away who do not have loved ones at their bedside, are not alone in their final moments.

[Learn More](#)



Art Support for Cancer and Neurological Patients

Cape Fear Valley Health was awarded a \$12,000 grant from The Arts Council of Fayetteville/ Cumberland County and the North Carolina Arts Council to support a Residential Artist – Arts Education Workshops for cancer and neurological patients.

[Read More](#)



Thank You Epsilon Rho Lambda

Through the 2026 Alphas to Zetas (A2Z) fundraising campaign, a generous \$5,000 donation was presented to support Cape Fear Valley NICU babies and moms!

[Learn More](#)



Upcoming Events



Teeing Up for a Healthier Harnett

presented by Aon

Join us for a fun day filled with golf, fellowship, food and awards. Register as an individual or team of four.

Thursday, October 1, 2026

11 a.m. to 5 p.m.
Keith Hills Golf Club

[Learn More](#)



Cape Fear Valley Health Foundation Biennial Gala

You're invited to an unforgettable evening of delicious bites, fellowship, dancing, music and fun!

Saturday, January 30, 2027

6 p.m.
Center for Medical Education

[Learn More](#)



Step Up 4 Health & Wellness Expo

Mark your calendar for a fun morning featuring 4k and 1-mile walking routes through MU campus, Wellness Expo, giveaways and more!

Saturday, April 10, 2027

9 a.m.
Methodist University

[Learn More](#)