

CAPE FEAR VALLEY HEALTH
FOUNDATION

BLADEN COUNTY HOSPITAL
FOUNDATION

HARNETT HEALTH
FOUNDATION

Making a DIFFERENCE

October 2026

Fall is a beautiful time of year in our community and a great time to be outside. From football games and fall festivals to enjoying the beautiful scenery, there are many ways to make the most of the season. As the leaves change and we transition into this new time of year, we are reminded that every change brings new opportunities to grow and make an impact. While some things change, one thing always remains the same...there are countless ways to giveback and express gratitude. Whether you choose to shop at Spirit Halloween stores to support our pediatric patients, attend a breast cancer community event, [make a donation in honor of a loved one](#), or simply share one of our posts on social media, you are making a difference!

Continue reading to learn details about these initiatives, the success of the Harnett Health Foundation Golf Tournament and more!



In Good Health,

A handwritten signature in black ink that reads "Sabrina Brooks".

Sabrina Brooks
Vice President
Cape Fear Valley Health Foundation

P.S. New construction, renovations and expanded facilities are helping us create more space and services to care for our growing community. As construction continues, some entrances, parking areas and traffic routes may be affected. We appreciate your patience as we continue investing in the future of health care in our region. Click [here](#) to learn more.



Gratitude and Joy

"We can't control what happens to us," said Laura Candler. "But we can control how we approach it. And for me, breast cancer became a mostly positive experience because it was a catalyst for learning and growing in ways I really wanted to." Learn about one retired school teacher's fight and her battle against cancer, while maintaining a positive outlook on her prognosis.

[Read Laura's Story](#)



Teeing Up for a Healthier Harnett Success

Harnett Health Foundation hosted the successful Teeing Up for a Healthier Harnett Golf Tournament on Thursday, October 1, 2026, at Keith Hills Golf Club, presented by Aon. Thirty-nine teams joined us for a beautiful day on the course. Thanks to our sponsors and community, \$65,000 was raised from this year's tournament to support local healthcare in Harnett and surrounding counties.

[View Event Photos](#)



Training for the Seconds the Matter

Located at the Center for Medical Education & Neuroscience Institute on the campus of Cape Fear Valley Medical Center, the Simulation Lab's new Immersion Room provides opportunities for team members across our health system (both clinical and non-clinical) to practice communication techniques, teamwork, decision making and other critical skills in realistic settings.

[Learn More](#)

GIVING TUESDAY

Mark Your Calendar for GivingTuesday

(11/23-12/1)

Join us for GivingTuesday – National Day of Giving on Tuesday, December 1! The official giving link will open through the Cumberland Community Foundation website on Monday, November 23 at 9 a.m. A match will be available for gifts received through CCF's online GivingTuesday catalog – so be sure to donate during the campaign window in order to have your impact amplified!

[Mark Your Calendar](#)



Heading to Spirit Halloween this season? Make your spooky shopping count! [Shop in stores or online](#) to receive 10% off your entire order AND Spirit Halloween will give 10% to support hospitalized children and families at Cape Fear Valley Health. For online orders, use code "HOPE26" at checkout. Shop, save and giveback all in one! Store locations below:

Spring Lake

Former Team Room Fitness
1135-1137 North Bragg Boulevard
Spring Lake, NC 28390

Owen Drive

Former AT&T Call Center
208 Owen Drive
Fayetteville, NC 28304

Ramsey Street

Former Jasie Vinyl Blanks
3725 Ramsey Street
Fayetteville, NC 28311

Goldsboro

Next to Staples
1101 N Berkeley Blvd Suite C
Goldsboro, NC 27534



Upcoming Events



Biennial Gala

*presented by Dr. Josh & Mary Jon Barkman,
Dr. Benjamin & Cyndi Levine,
Rapha Primary Care - Dr. Daniel C. Uba,
Blake Contracting, LLC*

You're invited to an unforgettable evening of delicious bites, fellowship, dancing, music and fun!

Saturday, January 30, 2027

6 p.m.

Center for Medical Education

[Learn More](#)



Step Up 4 Health & Wellness Expo

Mark your calendar for a fun morning featuring 4k and 1-mile walking routes through MU campus, Wellness Expo, giveaways and more!

Saturday, April 10, 2027

9 a.m.

Methodist University

[Learn More](#)

Community Events to Support Breast Cancer Awareness

Your participation in community sponsored fundraisers help to support our cancer patients. Please check event websites for more information and updates.

Sunday, October 18 | **King's Grant 3rd Annual Pink Golf Tournament** |

King's Grant Golf & Country Club | 7:30 a.m. Registration

Saturday, October 24 | **Puppy Creek Fire Department Run for a Cure 5k** |

Hoke Hospital | 7:30 a.m. Sign In, 10 a.m. Race

Thank You to our Signature Community Partners

