

# Gear Up, Stay Safe:

Essential Tips for Motorcyclists





Wear a DOT-approved helmet to protect your head in case of a crash

# Dress for the Road



Choose durable, protective gear like leather jackets, gloves, and boots

#### Be Seen, Be Safe



Use bright or reflective clothing to increase visibility, especially at night

# Stay in Control, Stay Alive

#### Follow the Rules of the Road:

Obey speed limits and traffic laws

## **Stay Visible:**

Avoid riding in drivers' blind spots and always use your headlights

#### **Be Alert:**

Watch for road hazards like potholes, debris, and slippery surfaces

### **Check Your Bike Regularly:**

Inspect tires, brakes, and lights before every ride

