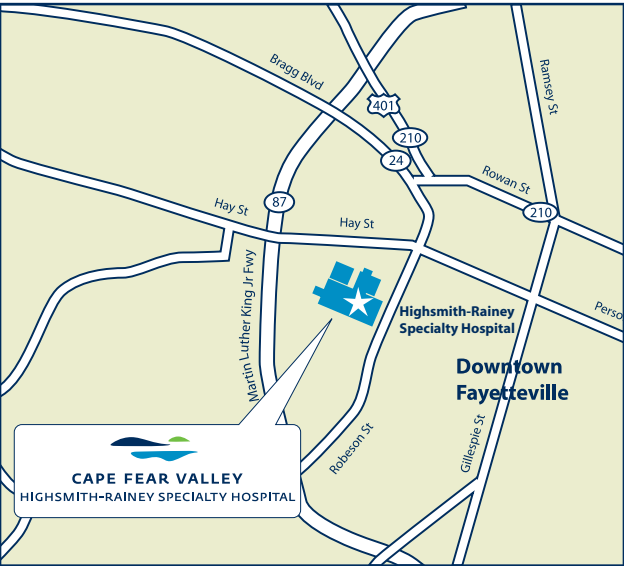


YOUR PRE-SURGICAL TESTING IS SCHEDULED AT HIGHSMITH-RAINEY SPECIALTY HOSPITAL:

Date:_____ Time: _____

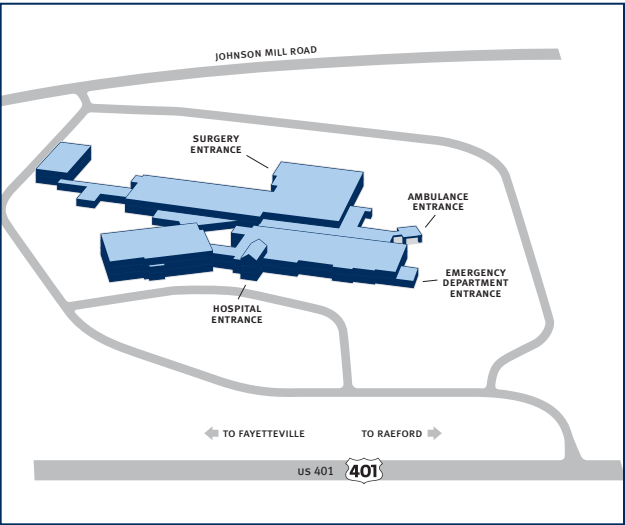
Highsmith-Rainey Specialty Hospital is located in downtown Fayetteville at 150 Robeson Street. Please enter at the Main Entrance and report to Admitting (first floor). If you have any questions, please call (910) 615-1347.



YOUR PRE-SURGICAL TESTING IS SCHEDULED AT HOKE HOSPITAL:

Date:_____ Time: _____

Hoke Hospital is located on U.S. 401 at 210 Medical Pavilion Drive in Raeford. Please enter at the Hospital Entrance and report to Admitting (first floor). If you have any questions, please call (910) 904-8055.



YOUR PRE-SURGICAL TESTING IS SCHEDULED AT BLADEN COUNTY HOSPITAL:

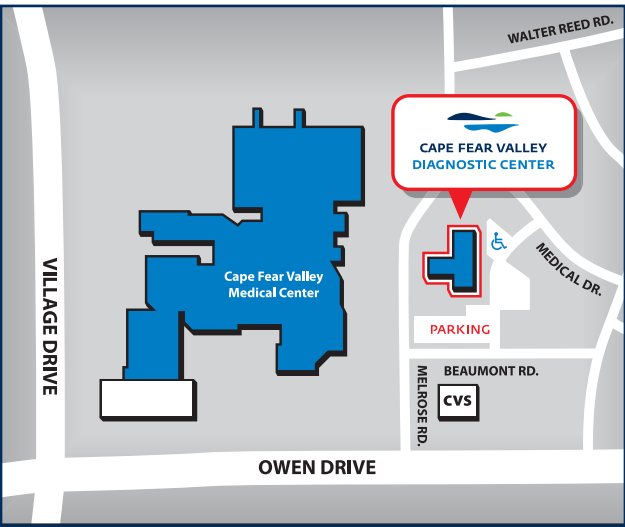
Date:_____ Time: _____

Bladen County Hospital is located at 501 South Poplar Street in Elizabethtown. Please enter at the Main Entrance and report to Outpatient Registration (first floor). If you have any questions, please call (910) 862-1183.

YOUR PRE-SURGICAL TESTING IS SCHEDULED AT CAPE FEAR VALLEY DIAGNOSTIC CENTER:

Date:_____ Time: _____

Cape Fear Valley Diagnostic Center is the building with the blue stripe at the top, located at 524 Beaumont Road. The entrance to the parking lot is off Beaumont Road. There is plenty of free parking close to the door. If you have any questions, please call (910) 615-7236.



Getting Ready for your Surgery

Outpatient Surgery

Same-Day Admission For Surgery





Getting Ready For *SURGERY* at Cape Fear Valley

YOUR SURGERY

We are pleased that you and your physician have scheduled your surgery at Cape Fear Valley Health.

Some surgeries are performed on an outpatient basis – that is, the patient comes in for surgery and is discharged that same day. Other patients will remain overnight or be admitted to the hospital. Whether you are scheduled for same-day surgery or will be admitted the day of your surgery, there are a number of preparations that will need to be made prior to your surgery. This brochure is designed to tell you about them and to answer any questions you may have.

Surgeries are performed in two locations in Fayetteville: Cape Fear Valley Medical Center and Highsmith-Rainey Specialty Hospital. Surgeries are also performed at Hoke Hospital in Raeford and Bladen County Hospital in Elizabethtown. Your doctor will tell you in which hospital your surgery will be performed.

WHAT IS INCLUDED IN PRE-SURGICAL TESTING?

Pre-surgical testing is performed several days before your scheduled surgery.

Your pre-surgical testing may include:

- Medical history
- Laboratory studies
- EKG
- Chest X-ray
- Evaluation of Pacemaker or AICD

During your pre-surgical testing appointment, the nurse will ask you to sign an Informed Consent form. Please

read it carefully. It lists:

- Your name
- The kind of surgery you will have
- The risks of your surgery
- That you talked to your doctor about the surgery and asked questions
- Your agreement to have the surgery

Make sure everything on the form is correct and that your questions have been answered. If you do not understand something on the form, please ask your nurse.

HOW LONG WILL MY APPOINTMENT TAKE?

Depending on the numbers and types of tests your doctor has ordered, your pre-surgical appointment may take up to three or four hours.

Please check with your doctor’s office for the date, time and location of your pre-surgical testing appointment. There is a space on the back of this brochure for your doctor’s office to write this information. It is very important that you keep your appointment to minimize delays for you and other patients.

WILL ALL MY TESTS BE DONE AT THIS TIME?

Usually all pre-testing can be done at one appointment. Occassionally, your doctor will order more specialized tests that can only be performed at Cape Fear Valley Medical Center. We recommend that these tests be performed on a different day from your pre-surgical testing. Trying to perform too many tests in one day can be exhausting for many patients.

CAN I EAT AND DRINK BEFORE MY PRE-SURGICAL TESTING APPOINTMENT?

Unless your doctor tells you otherwise, you may eat breakfast and/or lunch on the day of your pre-surgical testing appointment. Take your medications as usual unless your doctor tells you otherwise.

WHAT SHOULD I BRING?

- Picture ID
- Current insurance card (or cards if you are insured under more than one policy)
- Any co-payment and/or deductible as required by your insurance company (American Express, Visa, MasterCard, personal check and cash are accepted)
- Any paperwork given to you by your surgeon
- A list of all medications you are currently taking

WHAT SHOULD I WEAR TO MY APPOINTMENT?

Please wear casual, comfortable clothing as you may be having laboratory, x-ray and EKG tests.

WHAT ABOUT MEDICATIONS?

During your pre-surgical testing appointment, the admission nurse will review your medications and the instructions from your physician regarding surgery. Please list all medications you are currently taking or bring your medications with you. There is room on this brochure to list your medications. If you are taking a blood thinner such as Coumadin or pills containing Aspirin or Ibuprofen, please tell your surgeon.

CAN I BRING MY CHILDREN TO THE APPOINTMENT?

Please do not bring children with you to your pre-testing appointment unless they are to be patients. We do not have facilities or personnel to provide adequate supervision.

YOUR MEDICATION LIST

Medication _____

Dosage _____ Times Per Day ____

Medication _____

Dosage _____ Times Per Day ____

Medication _____

Dosage _____ Times Per Day ____

Medication _____

Dosage _____ Times Per Day ____

Medication _____

Dosage _____ Times Per Day ____

Medication _____

Dosage _____ Times Per Day ____

Medication _____

Dosage _____ Times Per Day ____