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CAPEable

of LOSING WEIGHT and keeping it off

If you have severe obesity (more than 100 pounds overweight), you *can* lose the weight and keep it off – with weight loss surgery. And weight loss surgery can resolve many of your weight-related medical conditions*:

- ▶ Type 2 Diabetes (83%)
- ▶ High Blood Pressure (52-92%)
- ▶ Heart Disease (52-92%)
- ▶ Metabolic Syndrome (80%)
- ▶ Asthma (82%)
- ▶ Polycystic Ovary Syndrome (79% hirsutism, 100% menstrual)
- ▶ Stress Urinary Incontinence (44-88%)
- ▶ Sleep Apnea (74-98%)
- ▶ GERD (52-92%)
- ▶ Osteoarthritis (41-76%)
- ▶ Depression (55%)
- ▶ Migraines (57%)

The risks of weight loss surgery are much lower than you think. According to the Agency for Healthcare Research and Quality (AHRQ), the mortality rate associated with bariatric surgery is less than two-tenths of a percent.

CareLink can provide you with a list of surgeons that perform bariatric surgery at Cape Fear Valley Bariatric Surgery Center. (910) 615-LINK (615-5465).

* % of patients whose condition was resolved after bariatric surgery. American Society for Metabolic & Bariatric Surgery, www.asmb.org



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CAPE FEAR VALLEY HEALTH



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