



# CAPE FEAR VALLEY HEALTH SYSTEM'S SPEAKERS BUREAU IS HERE FOR THE COMMUNITY.

## WHO CAN ACCESS THE SPEAKERS BUREAU?

The speakers bureau is a free resource for businesses, civic groups, service clubs, community organizations, parent groups, senior citizen groups, women's groups, men's groups, professional associations, faith-based organizations, and other groups.

GOOD HEALTH SHOULDN'T BE A SECRET.

## OUR SPEAKERS BUREAU HELPS GET THE WORD OUT ABOUT GOOD HEALTH.

Presentations can be customized to meet your organization's needs and are usually 10 to 30 minutes in length.

Please place your request for a speaker at least two weeks prior to the date of your event.

Phone: (910) 609-6445  
Email: [info@capefearvalley.com](mailto:info@capefearvalley.com)



**CAPE FEAR VALLEY**<sup>®</sup>  
TRANSFORMING HEALTHCARE<sup>SM</sup>

[WWW.CAPEFEARVALLEY.COM](http://WWW.CAPEFEARVALLEY.COM)



good health is a  
great thing  
spread  
the word

## SPEAKERS BUREAU



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good health is something everyone should look up to.

# GET THE WORD OUT.

Cape Fear Valley Health System is a private, not-for-profit healthcare organization with a mission to serve the community. Our Speakers Bureau can help you and your organization learn what it takes to lead a smarter, healthier life. Our healthcare professionals are available to share their knowledge and expertise with a wide variety of audiences.

## request today

It's easy to request a guest speaker. Just give us a call or send us an E-mail and tell us what health topic you would like, the date and time of your event, and where it will be held. Once we receive your request, we will find a speaker for you. The speaker may be a wellness coordinator, nursing professional, physical or occupational therapist, or a physician.

## PRESENTATION TOPICS

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### Health & Wellness

Diet & Nutrition  
Exercise  
Cholesterol  
Diabetes  
Heart Disease  
Cancer Prevention  
High Blood Pressure  
Stress Management  
Understanding & Dealing with Depression  
Anger Management  
Women's Health  
Avoiding Workplace Injuries  
Substance Abuse  
Parenting  
Minority Health Issues  
and much more.

