

Behavioral & Mental Health Tip Sheet for ICD-10



Diagnosis Documentation Requirements

ADD and ADHD	Document type: - Predominantly inattentive - Predominantly hyperactive - Combined type		
Adjustment Disorder	Document type: - Depressed mood - Anxiety - Mixed anxiety and depressed mood	Document type: - Disturbance of conduct - Mixed disturbance of emotions and conduct	
Alcohol/ Drug Abuse and Dependence	Differentiate between alcohol/substance <i>abuse</i> versus <i>dependence</i> -Do not document "use" as a substitute for abuse or dependence	Dependence , document if in remission which is based on your clinical judgment	Document any substance induced disorders or complications: -Anxiety disorder -Delirium -Delusions -Hallucinations -Psychotic disorder
Bipolar Disorder	Document current episode: - Hypomanic - Manic - Depressed - Mixed	Specify severity for manic and depressed episodes: - Mild - Moderate - Severe w/o psychotic symptoms - Severe with psychotic symptoms	Indicate status: - Full remission - Partial remission
Conduct Disorder	Document: - Confined to family context - Childhood-onset type	Document: - Adolescent-onset type - Oppositional defiant	
Dementia	Document: - With behavioral disturbance - Without behavioral disturbance	Document underlying condition (e.g. Alzheimer's, Parkinson's, Vit B deficiency)	Document vascular dementia as a result of infarction
Depression	Document type: - Major depression (see Major Depressive Disorder below) - Adjustment disorder with or without depression and/or anxiety, e.g., grief reaction - Anxiety depression - Depressive neurosis		
Drug Underdosing	Document: - Intentional versus - Unintentional	Document reason for underdosing: - Financial hardship or - Age related dementia	
Eating Disorders	Specify Anorexia Nervosa type: - Restricting type - Binge eating/purging type - Atypical	Document Bulimia Nervosa type: - Bulimia (Hyperorexia nervosa) - Atypical	

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Hepatic Failure/Hepatic Encephalopathy	Document: -Acute/subacute -Chronic -If with hepatic coma	Document etiology: -Due to alcohol or drugs	If you're intended or suspected diagnosis is hepatic failure/encephalopathy, document it in addition to signs or symptoms, such as confusion, altered levels of consciousness, or coma.
Insomnia	Specify: - Primary - Adjustment - Paradoxical - Psychophysiological - Primary hypersomnia - Insufficient sleep syndrome	Document if insomnia due to other mental disorder List other underlying or related conditions: - Nightmares - Sleepwalking	Document any contribution from alcohol or drug use on condition, specify name of drug
Major Depressive Disorder	Document episode: - Single - Recurrent	Document severity: - Mild - Moderate - Severe w/o psychotic symptoms - Severe w/ psychotic symptoms	Indicate status: - Full remission - Partial remission
Malnutrition	Document type: - Protein-calorie - Protein-energy	Document severity: - Mild or 1st degree - Moderate or 2nd degree - Severe or 3rd degree	Document BMI
Pancreatitis	Document type: - Acute - Chronic	Document etiology, cause and effect: - Idiopathic acute pancreatitis -Alcohol induced acute pancreatitis	
Post-traumatic Stress Disorder (PTSD)	Document acuity: - Acute - Chronic		
Schizophrenia	Document type: - Paranoid - Disorganized - Catatonic - Undifferentiated - Residual - Other	Differentiate between: - Schizophrenia - Schizotypal disorder - Delusional disorder - Brief psychotic disorder - Shared psychotic disorder	Document schizoaffective type: - Bipolar type - Depressive type
Substance Use, Abuse and Dependence	Specify: - Use - Abuse - Dependence	Do NOT document 'use' for abuse or dependence	Document any substance induced disorders or complications
Tobacco Use Disorder	Document type: - Cigarettes - Chewing tobacco - Other Delineate between: - Tobacco use/abuse - Tobacco dependence	Document state of dependence: - In remission - With withdrawal - Without withdrawal	Document if used during pregnancy, childbirth, puerperium Describe history, including product and time